

## Pearl Badge – What This Badge Shows

When a child achieves their **Pearl Badge**, they have demonstrated early gymnastics foundations, including balance, coordination, and safe movement across all apparatus.

### **Vault**

Your child can:

- Step onto a low block and maintain a strong, balanced body position
- Jump from a springboard onto a raised surface and land with control

### **Bars**

Your child can:

- Support their body on the bar using straight arms
- Hang from the bar and hold a different body shape for 5 seconds

### **Beam**

Your child can:

- Walk along a low beam independently
- Jump off the beam and show a safe, controlled landing

### **Floor**

Your child can:

- Rock backwards and forwards while maintaining body control
- Perform small jumps and land safely on two feet

### **Rebound**

Your child can:

- Perform straight jumps with good posture and arm position
- Hop confidently on each leg with balance

### **Strength & Conditioning**

Your child can:

- Hold a balanced tuck shape with feet lifted off the floor
- Stand up from the floor without using their hands

*Badges are awarded when a child consistently demonstrates these skills with confidence, control, and safe technique.*